

connect

PROFESSIONAL
DEVELOPMENT WEEKEND
SAT 07TH & SUN 08TH NOV 2026



Dance and Music for individuals managing brain injury and stroke - with Dr Lucinda Jarrett

This year's Connect professional development training focuses on the possibilities and effects of dance and music projects for people living with brain injury and stroke. We are delighted to welcome Dr Lucinda Jarrett, an experienced practitioner and researcher from the UK. Lucinda spearheads the organisation Rosetta Life, and is an independent dance artist, a devising theatre facilitator and researcher. ↗ **Rosetta Life** is made up of a group of artists who work with those living with life-limiting conditions, such as brain injury, to shape and share stories that matter, through movement, song, image, film and writing.

The workshop provides insights into the journey of Rosetta Life, shares their physical and musical practices and explores the benefits for participants. The workshop is also an opportunity to bring together interested dance teaching artists, music and arts facilitators and healthcare professionals from across Switzerland to exchange ideas and network.

Inspiration and networking day

SAT 7TH NOV 2026, 10 am – 5 PM

Knowledge gathering and network meeting for professionals from the arts (dance, music, voice), health sectors and others interested in arts and health.

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Practical day

SUN 8TH NOV 2026, 9.30 am – 4.30 PM

Workshop day for professionals from the arts (dance, music, voice), and health sectors.

The practical workshop day focuses on dance, movement and musical practices and how they can be adapted in clinical and community contexts. Participants will explore practical approaches of co-creation and reflect on public performance and what it offers those affected by stroke and brain injury.

Dr Lucinda Jarrett leads the organization ↗**Rosetta Life**. She is an independent dance maker, theatre facilitator and researcher. Her PhD explores embodiment, dance theatre and neurological rehabilitation. Lucinda pioneered digital life stories in hospice care in an embodied practice linking dance, storytelling, film and animation. She has led public music dance theatre performances as regional public health engagement with Dying Matters campaigns, co-designed a creative dance theatre program for brain injury, facilitated a global online youth leadership creative community, driving climate change through dance, song and film and led a peer led program to transform the choreographic representation of unpaid care.

Working across palliative care, brain injury, unpaid care, and climate action, she has developed a radical practice of creative care that heals our communities and the relationships between people and planet.

Partners



KUNSTHAUS ZÜRICH

BALLETT  ZÜRICH

TONHALLE
ORCHESTER
ZÜRICH



TANZVERMITTLUNG CH
MÉDIATION DANSE CH
MEDIAZIONE DANZA CH

DATES

Saturday 7 Nov 2026,
10am – 5pm

Sunday 8 Nov 2026,
9.30am – 4.30pm

venue

Opernhaus Zürich, Ballet studio A

Participants

Saturday

Inspiration and networking day

professionals from the arts
(dance, music, voice), health sectors
and others interested in arts and health

Sunday

Practical day

professionals from the arts
(dance, music, voice), health sectors

The number of participants is limited.

course language

English

Prices

Full weekend

CHF 150.00

Members of Tanzvermittlung CH/Danse
Suisse, students, Kulturlegi: CHF 100.00

Saturday or Sunday only

CHF 100.00

Members of Tanzvermittlung CH/Danse
Suisse, students, Kulturlegi: CHF 70.00

Registration link

↗ [Link to registration here](#)



KONTAKT UND INFORMATIONEN

connect@tonhalle.ch